

Exercise series: How to Stay Fit 6th year of basic education · Unit 2: Keeping Fit		Scolaire.tn Practice series written by Scolaire.tn
Subject: English	Answer key at the end	
Name:		Class:

Exercise 1: True or false?

Level 1

Read each sentence, then say whether it is true or false.

1) We say: How many rice do you want?

☐ True ☐ False

2) We say: two oils.

☐ True ☐ False

3) The children can eat sweets every day.

☐ True ☐ False

4) Grandma Fatma lives in Sousse.

☐ True ☐ False

Exercise 2: Complete with the right word

Level 1

Choose the word that completes each sentence (instead of the dots ...).

1) I drink a ... of water after sport.

☐ cup of rice ☐ glass ☐ piece

2) How ... milk do you drink?

☐ lots ☐ many ☐ much

3) Grandma cooks with a little olive ...

☐ sweets ☐ egg ☐ oil

Exercise 3: Choose the right answer

Level 2

Choose the right answer.

1) Which plural ends with /ɪz/?

☐ eggs ☐ sandwiches ☐ cakes

2) Which activity helps you stay fit?

☐ swimming ☐ sleeping all day ☐ eating sweets

3) A cup of...

☐ eggs ☐ bananas ☐ rice

Exercise 4: Classify

Level 2

Countable or uncountable?

1) banana

☐ Countable (How many?)  ☐ Uncountable (How much?) 

2) water

☐ Countable (How many?)  ☐ Uncountable (How much?) 

3) egg

☐ Countable (How many?)  ☐ Uncountable (How much?) 

4) oil

☐ Countable (How many?)  ☐ Uncountable (How much?) 

5) tomato

☐ Countable (How many?)  ☐ Uncountable (How much?) 

Exercise 5: Situation 1

Level 3

Sports day

On sports day, the pupils run, jump and swim. Then they are thirsty.

1) What should they drink?

☐ water ☐ fizzy drinks ☐ oil

2) Which activity is in the text?

☐ sleep ☐ cook ☐ jump

Exercise 6: Situation 2

Level 3

Planning lunch

Ines makes lunch for four people. She needs rice and tomatoes.

1) She asks Grandma:

☐ How many rice do I need? ☐ How much rice do I need? ☐ How much rices?

2) Then she asks:

☐ How much tomatoes do I need? ☐ How many tomato?

☐ How many tomatoes do I need?

Answer key: How to Stay Fit

Exercise 1: True or false?

1. We say: How many rice do you want? → false. How much rice.
2. We say: two oils. → false. oil is uncountable.
3. The children can eat sweets every day. → false. Only on Fridays.
4. Grandma Fatma lives in Sousse. → false. She lives in Kairouan.

Exercise 2: Complete with the right word

1. I drink a **glass** of water after sport.
2. How **much** milk do you drink?
3. Grandma cooks with a little olive **oil**

Exercise 3: Choose the right answer

1. Which plural ends with /ɪz/? → **sandwiches**. sandwich ends in /tʃ/.
2. Which activity helps you stay fit? → **swimming**. Swimming moves the whole body.
3. A cup of... → **rice**. We measure rice in cups.

Exercise 4: Classify

1. banana → Countable (How many?) 
2. water → Uncountable (How much?) 
3. egg → Countable (How many?) 
4. oil → Uncountable (How much?) 
5. tomato → Countable (How many?) 

Exercise 5: Situation 1

1. What should they drink? → **water**. Water is the best drink after sport.
2. Which activity is in the text? → **jump**. They run, jump and swim.

Exercise 6: Situation 2

1. She asks Grandma: → **How much rice do I need?**. rice is uncountable.
2. Then she asks: → **How many tomatoes do I need?**. tomatoes are countable.